







Walsall CCG – Supported Blood Glucose Meters April 2018

<u>Meter Name</u>	<u>Picture</u>	<u>Type</u>	<u>Strips</u>	<u>Lancets</u>	<u>Information</u>	<u>Company</u>
PRIMARY CARE INITIATION						
TEE2+		Uncomplicated Type 2 diabetes patient on sulphonylurea and or insulin	TEE2 test strips	CareSens Lancets	Easy to use. Large clear display Bluetooth functionality SmartLog compatible An increased 1,000 test memory	Spirit Healthcare Customer support 0800 881 5423
One touch select plus		Uncomplicated Type 2 diabetes patient on sulphonylurea and or insulin	One touch select plus test strip	One Touch Delica lancets	High and low indicators Colour range indicators Pre and post meal markers Memory 500	LifeScan One Touch customer care 0800 121 200



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<p>Accu-check Performa Nano</p>		<p>Uncomplicated Type 2 diabetes patient on sulphonylurea and or insulin</p>	<p>Accu-check performa strips</p>	<p>Fastclix lancets</p>	<p>Pre/post meal marker Wireless data download Memory 500</p>	<p>Roche Accu-check Careline 0800 701 000 HCP 0800 040 7221</p>
<p>CareSens N Voice ONLY FOR PATIENTS WHO ARE VISUALLY IMPAIRED</p>		<p>Visually impaired For example through diabetic retinopathy</p>	<p>CareSens N test strips</p>	<p>CareSens Lancets</p>	<p>Talking function Hypoglycaemia alert Strip ejection button Data port for P C link Memory 500</p>	<p>Spirit Healthcare Customer Support 0800 881 5423</p>


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CONTOUR meter		<p>Type 2 diabetes patient on sulphonylurea and or insulin Gestational diabetes Renal failure</p>	<p>Contour Test strips</p>	<p>Microlet lancets</p>	<p>Cable download port Memory 480 Broad haematocrit range 0-70%</p>	<p>Ascensia Diabetes Care Customer Service 0345 600 6030</p>
Glucomen Areo		<p>Type 2 Diabetes Gestational diabetes Renal failure</p>	<p>Glucomen Areo blood glucose test strips</p>	<p>Glucoject lancets</p>	<p>Pre /post meal markers Hypo & hyper alerts NFC Quicklink data (download results via Diasend reduced clinic visits) Memory 730 Broad haematocrit range 10-70%</p>	<p>Menarini Diagnostics Glucomen Customer Support 0800 243 667</p>



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<p>Glucomen Areo 2K</p>		<p>Type 1 diabetes who need to test blood ketones</p>	<p>Glucomen Areo 2K blood glucose strips</p> <p>Glucomen Areo blood ketone strips box 10</p>	<p>Glucoject plus lancets</p>	<p>Blood glucose & blood ketone testing Pre /post meal markers Hypo & hyperglycaemia alerts NFC data download Memory 730</p>	<p>Menarini Diagnostics</p> <p>Glucomen Customer Support 0800 243 667</p>
<p>Accu-Chek Mobile</p> <p>FOR PATIENTS WITH DEXTERITY ISSUES ONLY OR IF NOT ABLE TO HANDLE SHARPS AS PART OF THEIR OCCUPATION</p>		<p>Uncomplicated type 2 patients on sulphonylurea and or insulin</p>	<p>Accu-Chek Mobile test cassettes</p>	<p>Fastclix lancets (drum of 6 lancets)</p>	<p>All-in-one system Pre/ post meal markers Hypo indicator Memory 2000 No handling or disposal of strips or lancets</p> <p>To be used only in patients with dexterity issues</p> <p>If patients apply the blood inappropriately it may provide inaccurate readings – patient training essential.</p> <p>Less sharps & strip handling for more discreet testing.</p>	<p>Roche</p> <p>Accu-chek Careline 0800 701 000</p> <p>HCP 0800 040 7221</p>

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INITIATED IN SPECIALIST CARE						
Contour Next Link Meter		For Medtronic device users to make optimised pump therapy easy	Contour NEXT test strips	Microlet lancets	Downloadable results Automatic quality control test marking Memory 1000	Ascensia Diabetes Care Customer Service 0345 600 6030

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TYPE 1 PAEDIATRIC & ADULTS CARBOHYDRATE COUNTING						
Accu-chek Aviva Expert		Bolus advisor system for patients on MDI therapy	Accu-chek Aviva test strips	Fastclic lancets	Tracks results and pattern with full colour graphs Memory 1000 diary entries	Roche Accu-chek careline 0800 701 000 HCP 0800 040 7221
Freestyle InsuLinx blood glucose meter		Bolus advisor system for patients on MDI therapy	Freestyle Lite test strips	Thin Lancets	Touch screen USB & inbuilt auto assist software Pre-and post meal markers 165 days based on 3 tests & 3 insulin logs	Abbott Customer Careline 0800 170 1177

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Supporting Information for prescribers on the number of strips to prescribe for patients.

Diabetes Type	Treatment Group	Monitoring Regime	Reasonable Blood Glucose Strip Requirement*
			Repeat Prescription recommended amount
Type 1 Diabetes	All people with Type 1 Diabetes	<ul style="list-style-type: none"> SMBG is an integral part of treating Type 1 Diabetes Patients should be educated in SMBG and adjust treatment accordingly The MAJORITY of patients with Type 1 Diabetes should be able to monitor 4 or more times a day at least pre-meals and bedtime and more if driving to prevent hypoglycaemia and control hypoglycaemia 	3 boxes every month
Intensive management or hypoglycaemic awareness	Frequent testing essential in: <ul style="list-style-type: none"> All children (test 4-8 times per day) Insulin pump therapy During times of illness Those who are carbohydrate counting Those working long hours in HGV/PSV occupations 	<ul style="list-style-type: none"> A management plan should be developed and agreed with an individual and communicated to the General Practitioner Up to 6 times a day may be necessary 	4 boxes every month

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<p>Pre-pregnancy, Pregnancy in Type 1 and Type 2 and Gestational Diabetes</p>	<ul style="list-style-type: none"> All women with Diabetes planning a pregnancy Pregnant women with Diabetes Gestational Diabetes 	<ul style="list-style-type: none"> All should SMBG between 4 and 8 times a day Should include pre and post-prandial blood glucose measurements (at least pre and post meals) 	<p>5 boxes every month</p>
<p>Type 2 Diabetes</p>	<p>Insulin +/- other agents</p>	<ul style="list-style-type: none"> Test 2 to 4 times a day until stable Reduce to once daily when stable Increase if unwell/use of steroids 	<p>1 box per month</p>
	<p>Sulphonylurea +/- other agents</p>	<p>No need to routinely test UNLESS</p> <ul style="list-style-type: none"> Suspected hypoglycaemia Use of steroids eGFR <30 HGV or PSV driver 	<p>1 box per 3 months Could be more depending on numbers of tests if driving</p>
	<p>Diet and exercise +/-</p> <ul style="list-style-type: none"> Metformin Glitazones Gliptins GLP-1s SGLT2's 	<p>SMBG not routinely recommended</p> <ul style="list-style-type: none"> Glycaemic control best monitored by HbA1c 	<p>NIL</p>

HGV – Heavy Goods Vehicle

PSV – Public service vehicle such as taxi, train, bus etc.